

Starters

- Buffalo Wings w. Blue Cheese Dressing sm 7⁹⁵ lg 10⁹⁵
- *Crispy Green Beans w. Horseradish Aioli 5⁹⁵
- *Garlic Hummus w. Pita 5²⁵
- *Sun-Dried Tomato Hummus 5⁵⁰
- *Guacamole & Salsa w. Chips 4⁹⁵
- *Hummus Platter (both flavors) w. Onions, Tomatoes, Olives & Pita 8⁹⁵
- *Portabellas Grilled & Stuffed w. Sun-Dried Tomato Pesto & Feta 7⁹⁵
- *Nachos w. Black Beans & Cheese (Add Chicken \$2 or Chili \$3) 7⁹⁵
- *Fried Green Tomatoes w. Peach Relish 6⁹⁵
- *Cheese Quesadilla w. Salsa & Sour Cream 6⁵⁰
- With Chicken...7⁵⁰ *Spinach & Goat Cheese...7⁹⁵
- Extras: Guacamole, 2.00...Salsa, Pita or Chips, 1.50
- Ginger Calamari, Flash Fried sm 7⁹⁵ lg 14⁹⁵
- Fried Calamari w. Marinara sm 7⁷⁵ lg 14²⁵
- ↪ Buffalo Shrimp w. Blue Cheese Sauce sm 8⁷⁵ lg 12⁷⁵

Salads & Soups

- *Mixed Greens & Jicama w. Orange Vinaigrette 4²⁵
- Caesar Salad w. Homemade Croutons 4⁹⁵
- *Spinach Salad w. Goat Cheese, Walnuts & Orange Vinaigrette 7⁹⁵
- Iceberg Wedge w. Blue Cheese & Bacon 7⁷⁵
- *Grilled Romaine w. Blue Cheese, Tomato & Olive Vinaigrette 7⁹⁵
- *Arugula "Greek" Salad w. Feta & Herb Vinaigrette 7⁷⁵
- To any salad: Add Chicken \$3, Salmon \$5, Shrimp \$5, Tofu \$3*
- *Gazpacho 3⁵⁰ / 5²⁵ Chicken Tortilla 3⁷⁵ / 5⁵⁰ Beef Chili 3⁷⁵ / 5⁵⁰

The Heights serves only local and all-natural steak, poultry and dairy products; as well as local produce when in season and filtered water.

Weekday Lunch, Noon - 5 pm • Daily Happy Hour, 4 - 7 pm • Sat, Sun & Holiday Brunch, 9 am - 4 pm
 children's menu available • please inform your server of any food allergies
 18% gratuity will be added to parties of 9 or more • limit 3 credit cards per table



Burgers

- Grilled Burger (9 oz) (Add Cheese, Bacon or Avocado \$.75) 9⁹⁵
- The "New" Circle Burger w. Provolone, Grilled Onions & Sautéed Mushrooms 10²⁵
- Heights Burger (12 oz) Stuffed w. Swiss & Cheddar; Topped w. Caramelized Onions 12⁹⁵
- Grilled Turkey Burger w. Roasted Red Pepper Relish 9⁹⁵
- Grilled Salmon Burger w. Lime-Cilantro Tartar Sauce 9⁹⁵
- *Grilled Veggie Burger (Add Cheese or Avocado \$.75) 8⁷⁵

Sandwiches

- Blackened Chicken w. Sun-Dried Tomato Pesto & Horseradish Aioli 9⁹⁵
- *Portabella & Eggplant w. Feta Cheese & Sun-Dried Tomato Pesto 9⁷⁵
- Crab Cake BLT w. Provolone 11⁵⁰
- Shrimp Po'Boy w. Cole Slaw & Chipotle Mayo 9⁷⁵
- ↪ Fried Tilapia BLT w. Lime-Cilantro Tartar Sauce 9⁷⁵
- Grilled Cheeses on Challah w. Bacon, Tomatoes & Horseradish Mayo 8⁹⁵
- Chipotle Fried Chicken w. Bacon & Swiss 9⁹⁵
- ↪ Fried Fish Tacos w. Guacamole, Salsa & Sour Cream 8⁹⁵

All burgers & sandwiches served with Hand Cut Fries or Cole Slaw

Salads

- Big Chopped w. Grilled Chicken & Szechwan Vinaigrette 9⁹⁵
(Sub Salmon or Shrimp, \$4; Sub Tofu, No Charge; Available Vegetarian)
- Buffalo Chicken w. House-Made Blue Cheese Dressing 9⁵⁰
- Blackened Crab Cake w. Orange Vinaigrette 11⁵⁰
- Grilled Steak w. Potatoes & House-Made Blue Cheese Dressing 10⁹⁵
- Blackened Chicken Caesar 9⁹⁵

Sides

- Fresh Fruit / Cole Slaw / Hand Cut Fries / Garlic Mashed...3²⁵
- Eggs your way...3 Jasmine Rice...2²⁵ Home Fries / Grilled Asparagus...3⁵⁰
- Toast / Croissant...2²⁵ Potato Pancakes (sour cream or applesauce)...3⁵⁰
- All sides above vegetarian. Choose 3 from above, 11⁵⁰ (Includes green salad)
- Chili Cheese Fries...4⁹⁵ Bacon...2⁵⁰ Turkey Sausage...3

*Indicates Vegetarian Item

Eggs & Such

"Best" French Toast w. Caramel Pecan Sauce & Bacon 9⁵⁰

*French Toast w. Strawberry Compote 8²⁵

Bacon & Swiss Omelet 9²⁵

*Spinach, Portabella & Feta Omelet 9⁵⁰

Crab, Asparagus, Red Pepper & Cheddar Omelet 10⁵⁰

Breakfast Burrito w. Fresh Salsa 9⁵⁰

(Eggs, Bacon, Cheddar, Cilantro, Roasted Red Peppers, Shallots)

Classic Eggs Benedict 9⁹⁵

*Spinach, Tomato & Asparagus Benedict 8⁹⁵

Crab Cakes Benedict 11²⁵

Steak & Eggs 10⁹⁵

Egg Sandwich on Croissant w. Bacon & Swiss 8⁹⁵

Bacon & Eggs, your way! 8⁷⁵

above served with home fries

Extras: Sub Egg Whites, \$1.50...Add Smoked Salmon, \$3.00

*Huevos Rancheros w. Beans & Tortillas 7⁹⁵

Huevos Motuleños w. Eggs, Chicken, Plantains, Avocado, Black Beans & Salsa 8²⁵

Potato Pancakes w. Eggs, Smoked Salmon & Sour Cream 8⁹⁵

*Potato Pancakes w. Apple Sauce & Sour Cream 6⁵⁰

*Spinach & Goat Cheese Quiche w. Green Salad 9⁹⁵

Dinners (Available after 12 pm)

All served with mixed green salad. Other salads available for a small upcharge.

Boneless Southern Fried Chicken w. Garlic Mashed & Caramelized Onion Gravy 15⁷⁵

Grilled Chicken Kebobs w. Grilled Vegetables, Rice & Roasted Red Pepper Sauce 13⁹⁵

Classic Meatloaf w. Garlic Mashed & Caramelized Onion Gravy 13⁹⁵

Skirt Steak in Mojo w. Plantains, Asparagus & Chimichurri 18⁹⁵

🐟 Fish & Chips, Tilapia & Hand Cut Fries w. Lime-Cilantro Tartar Sauce 15⁹⁵

*Grilled Tofu & Mixed Vegetables w. Garlic Broccoli & Sun-Dried Tomato Pesto 12⁹⁵

Blacken any protein, 1.50



Indicates item sourced from sustainable fisheries.